

We envision a world...

Where every child has the opportunity to thrive outside.



### From our Executive Director

### A message of Hope.



### Ghannon Rozea Executive Director

### This is our moment to heal our relationship with nature.

We have an incredible responsibility, and **YOU HAVE STEPPED UP.** 

Our children are inheriting an earth damaged by our actions, and their lives have become increasingly indoor-focused and screen-oriented. All of this negatively impacts their health, well-being, development and ability to learn.

# It's up to each of us to open the door and invite them to a world outside.

At Thrive Outside, we are working to give our kids vital nature nourishment and to foster their relationship with our natural world. But like any good relationship, it takes time.

This past year, we piloted programs aimed at helping our kids to thrive through nature relationship. Whether it was our Mindfulness and Birding Workshops, our Garden Explorers after school program, or our Empowering Youth Hike Leaders initiative, we worked to create opportunities for authentic connection over time, especially for kids who have been traditionally marginalized.

We also learned a few invaluable lessons that have led us to reinvigorate our "Outdoor Learning Zone" schoolyard transformation projects, as well as bring more programs directly to schools. We continue to center Diversity, Equity, Inclusion and Justice in everything that we do, and are working to make our designs and programs as inclusive as possible.

We thank YOU, our fellow Movement Members, for opening the door and helping our kids to thrive outside.

### THE PROBLEM

## Our children are having a long distance relationship with nature.

### **EQUITY**

Children in traditionally marginalized communities often lack access to safe, beautiful, natural spaces.



74% of communities of color, and 70% of low-income communities in the U.S. live in nature-deprived areas.\*

## THERE ARE TWO CRISES

Yet... Childhood experts agree that connection to nature is a critical component of childhood development.

### **OPPORTUNITY**

Children who do have access often lack the freedom, encouragement and opportunity to explore and connect with nature.



Kids spend an average of 44 hours a week on a screen and as little at 10 minutes a day outside. \*\*

### THE SOLUTION **OUR MISSION**

### We believe that a child's natural habitat is outside.

Through nature nourishment, Thrive Outside is addressing the child health crisis and promoting a healthy child development process.



### We are on a mission...

to ensure that all children have the opportunity to thrive outside, honoring their basic need and right to be nourished by nature.

# THE SOLUTION OUR MISSION

### You are a part of our solution.



Together, we are flinging open the door and addressing the crisis in 3 critical ways...

**KIDS:** We remove barriers to nature and outdoor education through our Outdoor Learning Zones in schools, libraries and community centers, as well as our nature learning programs.

**EDUCATORS:** We enhance their students' learning through our teacher training opportunities in STEAM and beyond.

**FAMILIES:** We create joyful opportunities for children and families to spend time in nature together.

Ultimately, we are serving our next generation who will be tasked with helping us to heal our relationship with nature and our planet.

Outdoor Learning Zone Projects



**Educator Training** 



Nature-Based Programs & Events



# Together, we are a force of nature...

helping kids build that critical relationship.









Removing Obstacles to Nature Access Encouraging
Learning
Beyond
Classroom Walls

Putting Kids & their Families in Touch with Nature

Empowering
Our Next
Generation

### You, our Movement Members, helped nourish kids with nature!







Outdoor Learning Zones

**After-School Programs** 

**Teacher Learning Circle** *Outdoor Education Program* 

Mindfulness & Birding Workshops & Scavenger Hunts

FY24: 560
To-Date Annual Total: 1,770

FY24: 113
To-Date Total: 113

FY24: 1,018
To-Date Total: 1,744

FY24: 45
To-Date Total: 158









Family Nature Walks

Annual Mud Run

Peace of the Whole Program

Youth Leadership Hikes

KIDS & CAREGIVERS IMPACTED

FY24: 177 To-Date Total: 638 FY24: 299
To-Date Total: 1,577

HIGH SCHOOL STUDENTS IMPACTED FY24: 20

YOUTH LEADERS TRAINED FY24: 7

# Together, we took action towards a more equitable future.

### **Programs**

- Expanded our afterschool programs to kids in traditionally marginalized communities such as Pawtucket and Warwick
- Grew our Teacher Learning Circle to include teachers from Title I schools in traditionally marginalized communities, and we included sessions such as "Teaching on Asphalt" to increase nature learning opportunities no matter where teacher are located

### **Community Events**

- Created our Thrive Outside Spanish/English Birding Journal
- Held our Mindfulness and Birding workshops in Providence with a spanish translator
- Expanded our Family Nature Walks into Central Falls and Providence
- Created the concept for our Thrive-ability Nature Walks to increase accessibility to our children with disabilities

### **Brought New Voices to the Table**

 Hired Gen Zers to run our communications and social media to help reach the younger generation



# Together, we are making a difference.

# Program Highlights: Schoolyard Transformations



### Kickemuit Middle School "Outdoor Learning Zone"

Putting 750 students in touch with nature annually.

Six years in the making, we made significant progress with bringing the KMS Outdoor Learning Zone project to life through a "Learning Inside Out" grant from the Rhode Island Department of Education and our fundraising efforts. Phase 1 will be constructed in the fall of 2025.

### Thrive Fresh Air Funders Collaborative Kicks-Off!

A new initiative to bring our OLZ projects to fruition.

Through business partnerships and other fundraising efforts such as our Fresh Air Family Fundraiser, we raised \$43,200 for the KMS project.



"Having been a child who spent so much time outdoors, my hope is that we can instill the love of learning outside. There is so much to learn simply by observing. The outdoor classroom will allow our students to be 'disconnected' from technology for periods of time and this will help them to 'reconnect' with the vibrant natural world around them. I am truly appreciative to be a part of this project."

**Dennis Morrell** *KMS Principal* 

## In teaching, we are making a difference.

Program Highlights: Educator Training











We encouraged teachers to get outside and thrive with their students.

### **Thrive Teacher Learning Circle!**

Putting 1018 students in touch with nature.

Check out the video!



In its second year, our Teacher Learning Circle expanded outdoor learning opportunities to children across Rhode Island.

This completely free program trains educators in how to enhance and augment their curriculum through hands-on, outdoor learning experiences. It also offers them a unique opportunity to come together in community to share and learn from one another as well as nurture their own love of learning.

"Hands down one of the more intentional and well-rounded series of **Professional Development** I have participated in."

"This was the best thing I have ever done!"

**TLC Grad Reflections** 2023-24

### In Our Schools & Community, we are making a difference.

Program Highlights: Schools & Community

### **After School Programs**

In our quest to ensure that all children have the opportunity to thrive outside, we launched our Mindfulness & Birding and **Garden Explorers** programs to engage children who have been traditionally marginalized living in Pawtucket and Providence.

### **Community Events**

Meanwhile, our **Empowering** Youth Hike Leaders program trained Bristol Warren middle and high school students to help younger kids trade screen time for green time.











### The Destination of Your Dollars

Financials FY 2024

### REVENUE GROWTH

FY 22: \$53,836

FY 23: \$86,833

FY 24: \$104,938



	Total Support & Revenue	\$	\$104,938	
5	In-Kind Contributions	\$6,456	6%	
5	KMS fundraising & Funders Collaborative	\$12,619	12%	
9	Grants	\$14,491	14%	
9	Business Sponsorships/Donation	s \$18,427	18%	
5	Program Income	\$24,417	23%	
9	Individual Donations	\$28,527	27%	
	Revenue	Amount	%	



	Expense Category	Amount	%	
5	Program Services	\$63,508	57%	
6	Fundraising	\$31,586	28%	
6	Management & General	\$16,299	15%	
	Total Expenses	\$1	\$111,393	

## A huge thank you to our Thrive Team, Board, Committees, Experts, Collaborating Organizations, Volunteers, and Family of Supporters.

### **Thrive Team**

#### **Shannon Rozea**

Executive Director & Landscape Architect

### Sheila Dobbyn

Development

### **Tiffany Healey**

Operations & Programs

#### Katherine Skuba

Communications\*

### **Carly Reich**

Communications, Youth Empowerment Leader, Community Outreach\*\*

### **Kelly Hanks**

Teacher Learning Circle Coordinator & After School Program Educator

### **Jay Blackbeard**

Family Nature Walk Coordinator\*

### Benjamin Rozea

Social Media Intern

### Experts & Consultants

### Karen Griffith-Dieterich

**Grant Writing** 

#### **Brooke Merriam**

Landscape Designer Sunflower Designs

#### **Joseph James**

Landscape Architect Eponymous Practice

#### Sarah O'Neil

Graphic Designer Virtual Ink

#### **Jacob Brier**

Communications
Butterfly Benefits

### **Patricia Lyons-Bousquet**

Human Resources
CompLyons HR Consulting, LLC

#### Melissa Labonte

**Education Consultant** 

### **Jacqueline Joly**

Social Media Creator/Videographer

### Kati Maginel

Educator - The Compass School

#### **Jeff Swanlund**

Educator - Save the Bay

#### **Lauren Watka Atwood**

Educator - Brown University

#### **Amanda Peavey**

Educator - Woonasquatucket River Watershed Council

### **Lisa Maloney**

Educator-Audubon Society of RI

#### **Janet Johnson**

RIC Education Professor & Author Site Director - RI Writing Project

#### **Beth Alaimo**

Education Program Manager Ocean Hour Farm

### **Awilda Reinoso Lopez**

Wellness Educator - Amorosa Wellness

#### **Alex Hornstein**

Educator - Wild Lives

\*Left in 2023 \*\*Left in 2024

A huge thank you to our Thrive Team, Board, Committees, Experts, Collaborating Organizations, Volunteers, and Family of Supporters.

### Collaborating Organizations

Audubon Society of Rhode Island

Save the Bay

Woonasquatucket River Watershed Council

### **Board of Directors:**

Marc Domina
Board Chairperson

Jessalyn Jarest Secretary

Charlie Kellner
Treasurer

Chuck Rozea \*

**Kevin Manuel** 

**Stephen Piper \*\*** 

John Mulattieri

**Jack Conboy** 

**Tony Morettini** 

### **OUR COMMITTEES**

### **Finance**

Tamara Kaplan Jessalyn Jarest Charlie Kellner Stephen Randolph

### **Family Hikes**

Jay Blackbeard
Tiffaney Cayton
Ed Tanner
Orlando Lugo
Tony Morettini
Mark Courtney

### **Mud Run**

Chuck Rozea Amy Boutchie Marc Domina

### Environmental Thrive-ability

Roger Mark
Alison Ring
Susan Morettini
Carly Reich
Kathy Fisher
Amy O'Donnell

With Gratitude... You fuel the Thrive Outside Movement!

### It takes a village...

### 2024 Sponsors

#### **Business Partners**

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### **Program Sponsors**

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**Coral Anchor** 

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Frog and Toad

Portside

Wildflour Vegan Bakery & Cafe

Farmaesthetics

Six Pack Brewing

**Audubon Society of RI** 

Bajah's Cat Cafe

Moses Brown Camps

Piccolo Children's Boutique

Save the Bay





### It takes a village...

### **2024 Individual Donors**

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Linda James

Sandra Jaquay-Wilson

Charlene Jarest





### It takes a village...

### **2024 Individual Donors**

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**Paul Webb** 

**Eleanor Wickes** 

Susan Winterbottom

**Sharon Wollschlager** 

**Elizabeth Woodhouse** 

Marie Zullo





# Stay engaged

& be part of our community!

Together, we can provide opportunities for our youth to flourish in the great outdoors and create a lasting impact. Your involvement is vital, and we're eager to see what we can accomplish as a team.









thriveoutside.info



914.924.0800



contact@thriveoutside.info











"Knowing that you love the earth changes you, activates you to defend and protect and celebrate. But when you feel that the earth loves you in return, that feeling transforms the relationship from a one-way street into a sacred bond."

- Thich Nhat Hahna